**ANNEXURE I: ASSESSMENT SHEET – MASTER’S DISSERTATION**



**University of Zululand**

**ASSESSMENT SHEET: RESEARCH MASTER’S DISSERTATION**

*The following information must be completed by the Course Coordinator:*

|  |  |
| --- | --- |
| **Name of Candidate:**  ARLENE MULLER | **Date of first registration:**  2014 |
| **Degree and nature of qualification:**  MSc Human Movement Science | **Student number:**  201454906 |
| **Title:**  The effects of Pilates and progressive muscle relaxation therapy (MRT) on stress and anxiety during pregnancy. | **Nationality:**  SA |
| **Supervisor:**  Resigned | **Submission date to exam’s office:** |
| **Co-supervisor:**  Dr. C. Hermann | **Submission date to examiner:** |
| **Name: Examiner and Institution:** | **Contact e-mail of examiner**: |

**Examiners are requested to use the following key when assessing the various aspects of the study:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **1** | **2** | **3** | **4** | **5** |
| Poor  (less than 40%) | Below average (40% to 49%) | Average  (50% to 64%) | Good  (65% to 74%) | Excellent  (above 75%) |

**Examiners are further requested to attach a report to this assessment form to supplement the comments made herein.**

**Section A: Title and research focus / topic**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1. Does the title cover the topic meaningfully? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the title align with the central research problem / research questions / hypothesis? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the title assist meaningfully in the demarcation of the research topic? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |

**Comments on Section A:**

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**Section B: Conceptual and theoretical focus and quality of the literature study:**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Does the dissertation reveal originality of approach or involve original research? 2. Does the dissertation demonstrate a comprehensive knowledge base in a discipline or field which demonstrates a depth of knowledge in the research conducted? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the candidate provide evidence of an understanding of the principles and theories used in the study? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the candidate demonstrate the ability to analyse and critique current research and thus advance scholarship in the dissertation? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the candidate show an ability to make sound theoretical judgments based on evidence which lead to epistemologically thinking? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |

**Comments on Section B:**

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**Section C: Methodological challenges and research process**

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| --- | --- | --- | --- | --- | --- | --- |
| 1. Is the methodological orientation of the dissertation aligned to the theoretical conceptual orientation of the study? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the candidate illustrate an understanding of a range of research methods, techniques and technologies and an ability to select these appropriately for the research problem in this study? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the study indicate that the candidate has mastered the application of the methodological challenges? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. If appropriate does the candidate show an ability to identify, analyse and deal with complex and/or real world problems using evidence-based solutions and theory-driven arguments? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the candidate, where relevant, demonstrate the ability to select, apply and manage appropriate statistical software, instruments and techniques in the analyses of quantitative data or research samples? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the study reveal efficient and effective information retrieval and processing skills? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |

**Comments on Section C:**

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**Section D: Conclusion, synthesis and the presentation of findings**

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| --- | --- | --- | --- | --- | --- | --- |
| 1. Does the dissertation reveal the identification, critical analysis, synthesis and independent evaluation of quantitative and / or qualitative data? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the dissertation demonstrate that the candidate has shown an ability to engage with current research and scholarly or professional literature in the discipline or field of research? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the dissertation demonstrate an ability to present and communicate academic / professional work effectively appropriate to the context and level of the study and come to a cohesive conclusion? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |

**Comments on Section D:**

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**Section E: Technical and ethical requirements**

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| --- | --- | --- | --- | --- | --- | --- |
| 1. Does the dissertation comply with the technical, language and scholarly writing requirements / standards, e.g. referencing techniques as would normally be associated with this level of research and professionalism? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Does the dissertation demonstrate ethical sensitivity as well as evidence of how the research has been conducted in this context? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |
| 1. Do the chapters form a meaningful and integrated unit? | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | |

**Comments on Section E:**

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**Section F: Concluding remarks:**

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**Section G: Recommendations**

*Please select one of the following options:*

|  |  |  |
| --- | --- | --- |
| 1 | That the dissertation be accepted unconditionally with a percentage mark of | **%** |
| 2 | That the dissertation be provisionally accepted on condition that the candidate makes corrections of a limited extent to the satisfaction of the supervisor, with a percentage mark of | **%** |
| 3 | That the dissertation be provisionally accepted pending more substantial corrections, to be made to the satisfaction of the examiner, or a specified person or body other than the supervisor, after which a percentage mark will be allocated. **Specify person/body:** |  |
| 4 | That the dissertation be not accepted in its current form and that it must be referred back to the candidate for comprehensive revision and / or expansion, as per my attached report, after which it should be resubmitted for examination |  |
| 5 | That the dissertation be not accepted and the degree be not awarded |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| The degree should be awarded with distinction | **Yes** |  | **No** |  |

**Section G: Consent and declaration**

Should the other examiner so suggest, could you agree to the degree being awarded with distinction?

**Yes No**

Do you agree to your name being divulged to a successful candidate?

**Yes No**

Do you agree to a successful candidate being shown your examiner’s report?

**Yes No**

|  |  |
| --- | --- |
| **I confirm the content of the above assessment and that, in conducting the assessment, I was not at any stage placed in a conflict of interest situation** | |
|  |  |
| **Signature** | **Date** |